

APPLE PROJECTS/Recipe for Apple Pie With A Special Crust.

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APPLE PIE WITH A SPECIAL CRUST

Family Recipe. Reena Kondo. Teacher.

(From the P.T.A. of P.S. 166, The "Eat" Cookbook. March 1975. Compiled and edited by Judie Wishny & Tanya Kaufman.)

Apple Pie Ingredients:

2 or 3 lbs. Cortland Apples.

Sugar (white or brown) to taste.

- 1 Tbsp. lemon juice.
- 2 Tbsps. water.
- 1/4 tsp. cinnamon and/or 1/8 tsp. nutmeg.

Directions for Apple Pie:

- 1. Peel and slice 2 or 3 lbs. of apples into a bowl.
- 2. Sprinkle with sugar (to taste), 1/4 tsp. cinnamon and/or 1/8 tsp. nutmeg, and 1 Tbsp. lemon juice.
- 3. Add 2 Tbsps. water.
- 4. Stir the apples gently until they are well coated.



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Apple Pie Crust Ingredients:

- 1 1/2 cups flour
- 1/2 tsp. baking powder
- 1/2 tsp. salt
- 2 Tbsps. sugar
- 4 oz. oil
- 2 oz cold water

Directions for Apple Pie Crust:

- 1. Into a sifter put flour, baking powder, salt and sugar.
- 2. Strain into a bowl.
- 3. Add oil and cold water, measured accurately, to dry ingredients.
- 4. Mix into a soft dough.
- 5. Divide and roll out for pie.
- 6. Sprinkle bottom crust with flour and top crust with cinnamon and sugar as you place it in the oven. Prick the upper crust before baking.
- 7. Bake pie in a 450 degrees oven for 10 minutes and then reduce the heat to 350 degrees. Bake pie until done, from 45 minutes to 1 hour in all.